

KCS WEEKLY PARENT LETTER

Friday, October 30, 2009

Dear Parents & Community:



Healthy, ill, concerned, alarmed, allergy, cold, sniffles, flu.....?? Keene Central School has been and will continue to be proactive and focus on prevention. The District's priorities are to remain vigilant.

Precautionary measures associated with influenza continue. Our priority is to retain a level of "normal". The level of concern has been accelerated and fueled by the media coverage and rumors. Stories get modified each time told.

Yes, KCS has students with symptoms similar to those exhibited with the flu. Yes, there are staff members who are out of school - none as of yet - due to their personal illness. Yes, some positions are more challenging to secure coverage and adjustments have been necessary.

Information changes as symptoms change or new knowledge is gained. The district is in constant contact with the County Health Department on a daily basis and also with State Health Agencies. We receive updates from the CDC regularly.

We'll keep you informed of changes as soon as possible. Please keep us informed of any changes in your child's health as well. We're in this together and we assume everyone is doing the best they can. We know we are.

*Have a healthy, restful weekend!
-Mrs. Johnston*

EVENTS OF THE WEEK

MONDAY: 11/2

Tri-outs for 'Much Ado About Nothing 3pm

DAY 3

TUESDAY: 11/3

Tri-outs for 'Much Ado About Nothing 3pm

Pre-Season Meeting

DAY 4

WEDNESDAY: 11/4

DAY 5

THURSDAY: 11/5

Picture Re-take Day

Café Night @ 6:30

DAY 6

FRIDAY: 11/6

DAY 1

~ CAFETERIA MUSINGS ~

FOR THE BELLE OF AMHERST WE WILL BE BAKING THE BLACK CAKE. WE WANTED TO SHARE THE RECIPE:

INGREDIENTS ~ TWO POUNDS OF FLOUR, TWO POUNDS OF BUTTER, NINETEEN EGGS, FIVE POUNDS OF RAISINS, ONE AND ONE HALF POUNDS OF CURRANTS, ONE AND ONE HALF POUNDS OF CITRUS, ONE HALF PINT OF BRANDY (WE WILL OMIT THIS INGREDIENT!), ONE HALF PINT OF MOLASSES, TWO NUTMEGS, FIVE TEASPOONS OF CLOVE, MACE AND CINNAMON, AND ONE AND A HALF TEASPOONS OF SALT.

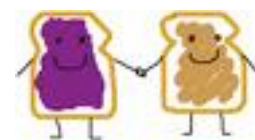
IN BELLE'S WORDS ~ "JUST BEAT THE BUTTER AND SUGAR TOGETHER, ADD THE NINETEEN EGGS, ONE AT A TIME -NOW THIS IS VERY IMPORTANT-WITHOUT BEATING. THEN BEAT THE MIXTURE AGAIN, ADDING THE BRANDY ALTERNATELY WITH THE FLOUR, SODA, SPICES AND SALT THAT YOU'VE SIFTED TOGETHER. THEN THE MOLASSES. NOW! TAKE YOUR FIVE POUNDS OF RAISINS, AND THREE POUNDS OF CURRANTS AND CITRUS AND SPRINKLE IN ALL EIGHT POUNDS-SLOWLY NOW-AS YOU STIR. BAKE IT FOR THREE HOURS IF YOU USE CAKE PANS. " SOUNDS WONDERFUL!

HAVE A WONDERFUL, RESTFUL HALLOWEEN WEEKEND ~ CARLA, ARIELLE, ANNIE AND JULIE



Monday	Tuesday	Wednesday	Thursday	Friday
Ham & Cheese	Mexican Beef Wrap	Chicken or Fish Patty	Cheesy Turkey-Pasta	Cheese Pizza
Bagel Veggie-Soup	Green-Beans	Raw Veggies	Bread	Garden-Salad
Veggies	Fresh-Fruit	Cowboy-Cookies	Veggies	Brownies
Fresh-Fruit		Fresh Fruit	Pumpkin-Crunch	Fresh-Fruit
			Fresh-Fruit	

Milk and PB&J always available



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N Notes from Nurse Gay:

S Swords, knives, and similar costume accessories should be short, soft, and flexible.

A Avoid trick-or-treating alone. Walk in groups or with a trusted adult.

F Fasten reflective tape to costumes and bags to help drivers see you.

E Examine all treats for choking hazards and tampering before eating them. Limit the amount of treats you eat.

H Hold a flashlight while trick-or-treating to help you see and others see you.

A Always test make-up in a small area first. Remove it before bedtime to prevent skin and eye irritation.

L Look both ways before crossing the street. Use established crosswalks wherever possible.

L Lower your risk for serious eye injury by not wearing decorative contact lenses.

O Only walk on sidewalks or on the far edge of the road facing traffic to stay safe.

W Wear well fitting masks, costumes, and shoes to avoid blocked vision, trips, and falls.

E Eat only factory-wrapped treats. Avoid eating homemade treats unless you know the cook well.

E Enter homes only if you're with a trusted adult. Otherwise, stay outside.

N Never walk near lit candles or luminaries. Be sure to wear flame-resistant costumes.



Let Them Eat Cake

East Branch Friends of the Arts presents: *The Belle of Amherst* By William Luce starring Kathy Recchia, directed by Tyler Nye, and produced by Elisabeth Cave. **ADD** an *Emily Dickinson Black Cake Contest*. The presentation will be at KCS on Saturday, November 14 at 7pm, where the cake will be served during intermission. All are invited to enter the Black Cake contest with a favorite spice, fruit or currant cake. The winner will receive a gift certificate for a cake donated by Cedar Run Bakery. **YUM!!!!**



PTA Holiday Shop Supplies Needed!

Thank you to those who crafted this week in preparation for the December Holiday Shop. We need help to put on this special event for our Kindergarten - 6th grade students.

We still need M&M's, raisins, shelled peanuts, dog bones, chocolate chips, candy canes, pistachios. We will have ONE more crafting day before December, date to be announced. Please consider contributing 1/2 hour or more when we set the date. Thank you.

Questions/ideas please call Peg @ 576-9011.

Café Night

Come support KCS and the Music Department on Thursday, November 5, in the KCS Auditorium @ 6:30. Community residents and local students are getting together to bring you musical entertainment. Snacks will be provided and baked goods and donations are welcome. Donations collected will help fund the KCS Music Department's trip to New York City! Let's help them get there! (Young children should be accompanied by an adult).

